

Senior Commission Minutes  
February 04, 2019

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE  
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON  
MONDAY, January 10, 2019  
BEGINNING AT 3:30 P.M.  
Grant Park & Community Center  
1575 Holt Avenue, Los Altos, CA, 94022**

**ESTABLISH QUORUM**

PRESENT: Commissioners Murray, Harding, Basiji, Torbeck O'Reilly, Vincent, Yu

ABSENT:

**PLEDGE OF ALLEGIANCE**

Chair Harding led the Pledge of Allegiance.

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Gray Hedden a resident of Los Altos wanted to inform the Commission about a meeting taking place at the Library regarding affordable housing on January 31, 2019 at 7:00pm. The focus of the meeting would be to look at possible options of affordable housing in Los Altos.

**ITEMS FOR CONSIDERATION/ACTION**

1. Approval of Minutes – December 03, 2018

Upon a motion by Commissioner Harding, seconded by Commissioner Vincent. 7 Commissioners approved the minutes of December 03, 2018.

**INFORMATION ITEMS**

2. Shared Housing

Public Comment: None

Action: None

Discussion: Susan Castile and Heather Pham from Catholic Charities gave a report regarding a house sharing program that they provide. This program is fully funded by the county. What this program does is partner homeowners with people that are looking for a place to live. There is already a program like this in San Mateo County known as HIP Housing. The benefits to a program like this could be for someone that is living alone and may need assistance with light housecleaning or driving someone to the store, companionship, earning some additional income, etc. Interested parties would go to Catholic Charities and complete a background check. Then the homeowner and person looking for housing would be matched according to their own specific needs. Information regarding this program was provided at the meeting and forwarded to City Staff.

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### 3 Shared Ride Reimbursement

Public Comment: None

#### Discussion

Commissioner O'Reilly lead the discussion regarding the On-Demand Ride Share Program. The Commission was interested in seeing if the City would consider paying a the first \$10.00 flat rate each way without location stipulations. Currently the program has added EL Camino Hospital as one of the destinations for this program.

There was a motion by Commissioner Harding and seconded by Commissioner Murry to recommend that the City pay the first \$10.00 flat rate each way without location restrictions. The participant would still need to be a member of the senior program. 7-0 Commissioners approved the motion.

### 4 Senior Expo

Public Comment: None

Action: None

Discussion: Commissioner Murray gave a general update regarding the Senior Expo that will be taking place Monday, March 22<sup>nd</sup>.

### 5. Spring Fling

Public Comment: None

Discussion: Vice Chair Harding gave a general update regarding the Spring Fling that will be taking place on Friday, April 05th.

### 6. Update on Grant Community Center Projects

Public Comment: None

Action: None

#### Discussion:

Staff Liaison, Bridget Matheson did not have new items to report pertaining to Grant.

### 7 Update on Hillview Community Center Projects

Public Comment: None

Action: None

#### Discussion:

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Staff Liaison, Bridget Matheson did not have new items to report pertaining to the Hillview Community Center Project. Commissioner Murray mentioned that there will be an update in early December.

### 8. Receive information and announcements from City and Town Staff

#### Updates

#### Programs & Events

##### Los Altos Hills:

Stay Active, Stay Safe, Stay for Lunch will be held Tuesday, January 8<sup>th</sup> from 10:00 am – 12:30 pm. This installment will focus on Preparing Caregivers for Home Emergencies. For more information and to RSVP please contact [srobustelli@losaltoshills.ca.gov](mailto:srobustelli@losaltoshills.ca.gov).

Technology for Seniors will be held on Saturday, January 12<sup>th</sup> from 9:00-Noon. To register contact [srobustelli@losaltoshills.ca.gov](mailto:srobustelli@losaltoshills.ca.gov).

Principles of Self-Defense Saturday, January 12<sup>th</sup> from 1:00-2:30 pm at Town Hall in Council Chambers, Free.

Healthy Aging Forum – Glitches in the Road of Life will be held on Thursday, January 17<sup>th</sup> from 3:00-4:30 pm. Educator Vivian Silva, MSW. will discuss how Seniors can build social support structures to weather any storm. To register contact [cknopf@losaltoshills.ca.gov](mailto:cknopf@losaltoshills.ca.gov).

Hand Only CPR/AED Class will be held on Wednesday January 23<sup>rd</sup> from 6:00 – 7:30 pm. Santa Clara County Fire offers this course free to the public to instruct hands only CPR compressions and how to use an automated external defibrillator. For more information visit [www.sccfd.org](http://www.sccfd.org).

Cooking Class: Winter In North Italy happening Saturday, February 16<sup>th</sup> from Noon – 2:00 pm. \$54 or \$50 for Los Altos Hills residents.

##### City of Los Altos

#### Update regarding On-Demand Ride Reimbursement Program

Starting after January 1, 2019, seniors that are members of the senior program can add El Camino Hospital as one of the locations of the On-Demand Ride Reimbursement Program.

#### Friday Social

Starting January 18, 2019, the third Friday of the month begins “Friday Social”, which takes the place of the lunch provided every 3<sup>rd</sup> Friday. Come join us in Room 10 at the Hillview Community Center Senior Program. Lite snacks and refreshments will be provided from 12:00pm to 2:00pm.

#### Movie Day

Movie Day on the big screen is now being offered Wednesday afternoons, 1:00pm in Room 12 of the Hillview Community Center Senior program. This program will officially be starting January 2, 2019 and every first Wednesday of the month.

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### Pickle Ball Update

Pickleball at Hillview is offered at one location only starting January 02, 2019 with extended hours, from 10:00am until 1:00pm, in the Multi-Purposes Room.

### Trip To Rachel Dunn's Chocolates

Just in time for Valentine's Day we have a special trip to Rachel Dunn's Chocolates in Concord, where we will make our very own delicious American and French chocolates! This activity will take place on Thursday, January 24, 2019. We will be departing from the Hillview Community Center in Room 10 by 9:00am and will return by 5:00pm. The cost is \$83.00 for members and \$88.00 non-members. Price includes transportation, workshop fee, and gratuity only. Lunch will take place at Salsa Verde. To register for this trip, please stop by Room 10 at the Hillview Community Center Senior Program. Sign up early, because space is limited.

### Grant

January 16, 2019

Tim Giacomini from Mission Trail Waste Systems will be coming to speak in the Main Hall at 12:30pm.

### Lunch

Lunch is provided at Grant Park on Wednesdays at 11:30am in the Main Hall. Donations are always welcome.  
Chess

Looking for a place to play chess? We are starting a group at Grant! All levels welcome! This activity will take place on Wednesdays at 10:30am in Room 4.

## **COMMISSIONERS' REPORTS AND COMENTS**

### Community Center Subcommittee

Action -None

No report

### Outreach Subcommittee

Action- None

No report

### Transportation Subcommittee

Action- None

No report

### Health and Safety Committee

Action- None

No report

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Age Friendly Subcommittee

Action-None

No report

Online Resource Library Subcommittee

Action- None

No report

Public Comment

None

**POTENTIAL FUTURE AGENDA ITEMS**

**ADJOURNMENT – 4:18pm**

Chair Harding adjourned the meeting.